

CAPITAL CITY SENIOR GAMES

2022 RESULTS - POWERLIFTING BENCH PRESS

POWERLIFTING BENCH PRESS - WOMEN

First Name	Last Name	Age Division	Weight Class	Max Lift	Place
Kim	Hopkins	55-59	181	110	1
Jane	Cormier	65-69	123	70	1
Diana	Sellers	65-69	181	95	1
Debra	Burnum	65-69	198	93	1
Sharon	Wolfe	70-74	148	70	1
Polly	Nichols	70-74	148	dnc	2
Zoe	Mansfield	80-84	123	50	1

POWERLIFTING BENCH PRESS - MEN

First Name	Last Name	Age at Cutoff	Weight Class	Max Lift	Place
Timothy	Lee	50-54	220	245	1
Ryan	Burk	50-54	220	205	2
Stephen	Hopkins	55-59	198	225	1
Thomas	Valentine	55-59	198	150	2
Douglas	Pleas	55-59	275	245	1
Kevin	Pope	60-64	148	160	1
charles	williams	60-64	181	290	1
Rob	Winchester	60-64	198	215	1
Greg	Keeter	60-64	242	295	1
David	Frimmel	60-64	275	205	1
Martin	Fennema	65-69	181	170	1
Michael	Bell	65-69	181	125	2

Les	Garringer	75-79	123	150	1
Richard	Pastuck	75-79	181	210	1
Robert	McVety	75-79	181	120	2
Barry	Haber	75-79	242	265	1